

	Name	Address/phone	Contact	Volunteer information and opportunities
ABUSE/RAPE	CASA (Court Appointed Special Advocates)	103 E. Grace St., Richmond 23219 646-0516	Bobby Salazar	Advocate for abused and neglected children. Volunteers stay with child until placed in safe, permanent home Must complete 35-hour training program
	Greater Richmond SCAN (Stop Child Abuse Now)	1506 Staples Mill Road #203, 257-7226	Sarah Mersereau	Work with children's groups, offer administrative support, help with special events and public education
	Hanover Safe Place	629-A N. Washington Highway, Ashland, 752-2728	Sheree Hedrick	Office support, volunteer training, hotline volunteers, court advocacy, children's group volunteers, special projects and events, speakers bureau
	Hilliard House	3900 Nine Mile Road, 236-5800, ext. 27	Sue Leedes	Evening supper programs at this transitional shelter for women and children. Tutor, cook meals, donate supplies, children's activities, transport
	James House	Hopewell, Petersburg 458-2704, 732-1711	Chana Ramsey	On-call shifts, answer crisis hotline, legal advocacy, accompany clients to the hospital, group support, office assistants
	Prevent Child Abuse, Virginia	4901 Fitzhugh Ave. 359-6166, ext. 310	Johanna Schuchert	Assist with advocacy efforts, help-line support, fundraising, community outreach activities and National Child Abuse Prevention Month events
	Safe Harbor	249-9470, ext. 15	Chris Cain	Relief staff, child care for residents at the shelter, hotline help, advocacy, sort donations, fundraising
	YWCA of Richmond	6 N. Fifth St. 643-6761, ext. 117	Rebekah Carrow	Offer administrative support, work with domestic violence victims in shelters, meet rape victims in emergency rooms, work in the preschool and assist with after-school programs. Speaking opportunities. Some training required.
	AARF (Animal Adoption and Rescue Foundation) www.aarf.org	P.O. Box 15262 254-0800	Mishell Fricke	Pet handlers, coordinate volunteers, provide foster homes and transportation, etc.
	Hanover Humane Society www.hanoverhumanesociety.org	P.O. Box 1011, Ashland 798-0806	Any available staff member	Provide safe housing, help with fundraising, staff adoption stands, work at shelter and special events such as parades and photo booths
Richmond SPCA	2519 Hermitage Road 521-1329	Erin Van Vleet	Help with special events, animal grooming, greeting visitors, socializing and comforting cats, walking and comforting dogs, and donations.	

ABUSE/RAPE

ANIMALS

	Name	Address/phone	Contact	Volunteer information and opportunities
DISABILITIES	SOS (Save Our Shelters)	P.O. Box 27142, Richmond 358-7499	Pixie Williams	Volunteers help to ensure the humane conditions and treatment of shelter animals through a Pen Pals prison dog- and cat-socialization program.
	Easter Seals of Virginia www.va.easterseals.com	8003 Franklin Farms Dr., Ste. 100, 287-1007	Irene Williamson	Volunteers needed for programs for children and adults with disabilities: administrative support, special events and fundraising
	Greater Richmond ARC	1901 Westwood Ave. 358-1874	Jane Rhyne	Serve as companions, adopt a person or family at Christmas, assist with recreation, after-school program, summer youth camps
	Guiding Eyes for the Blind Inc. www.cdc.guidingeyes.org	1(866) GEB-LABS Local number: 285-7931	Cathy & Les Foldesi	Looking for puppy raisers to open their hearts and homes to raise a future guide dog and give the gift of independence to a blind person
	Hanover ARC	P.O. Box 91, Ashland, 798-2400	Lucy Cantrell	Assist children and adults with mental disabilities in recreational activities, provide office support, help with fundraising
	Make-A-Wish Foundation of Central and Western Virginia	2810 N. Parham Road, Ste. 302, 217-9474	Carly Morton	Volunteers are instrumental to the organization's mission by serving as wish interviewers, wish granters and fundraisers.
	Resources for Independent Living	4009 Fitzhugh Ave., Ste. 100, 353-6503	Sandra Wagener	Tutor learning-disabled persons in Math and English, work with the summer youth program from May to August, and help with training workshops.
	Special Olympics Virginia	3212 Skipwith Road, Suite 100, 346-5544	Annette Bailey	Coach athletes, help with sports, assist with public relations, administrative support, accounting, graphics and photography
	Virginia Voice	P.O. Box 15546 Richmond, VA 23227 266-2477	Becky Emmett	Read newspapers, magazines and other literature over closed-circuit radio for visually and physically impaired persons and deliver radios to them
	ENVIRONMENT	James River Park System	4100 Riverside Drive 357-8897	Nathan Burrell

FAMILIES	Name	Address/phone	Contact	Volunteer information and opportunities
	Sierra Club Virginia Chapter	422 E. Franklin Street., Ste. 302, 255-9113	Michael Town	Combat global warming by helping to create a clean-energy future, grow our community better and to protect our planet
	Family Lifeline	2325 W. Broad St. 282-4255	Grace Sparks/Kiersten Ware	Provide support and be a positive role model to teens, visit with seniors, mentor students
	Goochland Free Clinic and Family Services	3001 River road West, Goochland, 556-6260	Sally Graham	Provides impoverished families and individuals with basic health and human services. Volunteers help with medical and dental care, food pantry, clothes, closet retail store, home repairs, literacy and GED.
	Habitat for Humanity	2281 Dabney Road, Suite A 232-7001	April Wilson	Help build homes for low-income, working families, provide office support and serve on committees
	Refugee and Immigration Services	1512 Willow Lawn Drive	Lisa Pedraja	Mentor refugee families or individuals, provide tutoring and homework help to youths, and teach English as a second language to adults
	William Byrd Community House	224 S. Cherry St. 643-2717	Chris Payton	Serves inner-city neighborhoods, families. Homework assistance; offer administrative support; help with preschool, after-school programs, senior citizens and grounds maintenance
	Alzheimer's Association – Greater Richmond Chapter	4600 Cox Road, Suite 130 Glen Allen, 967-2580	Bridget Soyars	Help facilitate support groups, staff health-fair booths, answer help line during the day; work during special events and assist with special projects
	American Cancer Society	4240 Park Place Court 527-3700	Kathe Goller	Help fight cancer in your community; opportunities range from office and administrative support to directly assisting cancer patients.

HEALTH & HEALTH CARE	Name	Address/phone	Contact	Volunteer information and opportunities
	American Lung Association of Virginia	9221 Forest hill Ave. 267-1900	Tracy Mertsch	Help with special events, fundraising efforts, public education
	American Red Cross	420 E. Cary St. 780-2250	Deborah Newton	Baby-sitting and health/safety instructors, office support, military/disaster caseworkers, phone bank, emergency-response drivers, drivers for medical appointments, receptionist
	Arthritis Foundation, Virginia Chapter	3805 Cutshaw Ave., Suite 200, 359-1700, ext. 310	Sarah Wilson	Volunteers needed to organize programs/events, provide general office support or lead exercise and self-help programs. Open houses held regularly for interested individuals
	Children's Hospital	2924 Brook Road 321-7474, 228-5920	Dede Vass	Help needed with special events, administrative support and patient assistance.
	CJW Medical Center – Chippenham Campus	7101 Jahnke Road 323-8256	Maria Gilmore	Help the staff, assist patients. Junior volunteer program held each summer (participants must be at least 15)
	CJW Medical Center – Johnston-Willis Campus	1401 Johnston-Willis Drive 330-2082	Betty Canning	Help the staff, assist patients. Adult, college and junior programs year round (participants must be at least 15)
	Cross Over Ministry	108 Cowardin Ave., 233-5016, x102	Julie Bilodeau	Free clinic needs help with office tasks, fundraising, mental health counselors, translators, and medical, dental and pharmacy services
	Fan Free Clinic	1010 N. Thompson St. 358-6343, ext. 101	Grey Coman	Receptionists, food pantry, fundraising, medical-clinic assistants

HEALTH & HEALTH CARE	Name	Address/phone	Contact	Volunteer information and opportunities
	Henrico Doctors' Hospitals	1602 Skipwith Road, 747-5634 7700 E. Parham Road, 281-5541	Barbara Blevins	Deliver flowers and mail, staff info desk, work in gift shop. Other positions available. Summer program available for ages 14 to 18.
	Hospice of Virginia	7231 Forest Ave., Suite 100, 281-0451	Karen Wright	Friendly visits with terminally ill patients, read to patients, provide caregiver relief, clerical support, special projects
	IVNA (Instructive Visiting Nurse Association)	5008 Monument Ave. 355-7100	Mary Maupai	In-home health care for Central Virginia, regardless of ability to pay. Clerical support, visit with patients, assist at special events and clinics.
	March of Dimes – Virginia Chapter	10128-A West Broad St., Glen Allen, 968-4120	Sara Long	Fights threats to infant health. Volunteers work at special events. Help also needed with public relations, advocacy, lobbying and program committees
	McGuire Veterans Affairs Center Medical	1201 Broad Rock Blvd. 675-5000, ext. 3563	Thomas Reid	Staff information desk; work on units; serve as greeter, messenger, guest ambassador; help with recreational activities; hospice volunteers
	Memorial Regional Center Medical	8260 Atlee Road 764-6017	Rob Herndon	Assist in gift shop, info desk, surgical waiting area, medical records, outpatient infusion center, general services and more
	Richmond Community Hospital	1500 N. 28 th St., 545-3239	Tammy Cannon	Emergency department, information desk, patient discharge, gift shop, surgical waiting area, etc.
	S.C.A.T. (Sickle Cell Awareness Tour)	P.O. Box 3442, Richmond 248-6370	Reggie Moore	Provides support to associations devoted to the eradication or cure of sickle-cell disease. Volunteers increase community awareness by working at special events.
	St. Francis Medical Center	13710 St. Francis Blvd., Midlothian 594-7807	Betty Mason	Emergency department assistance, must be at least 16. Cancer center, info desk, general services, gift shop, surgery waiting, unit assistance, surgery recovery and Eucharistic ministers

	Name	Address/phone	Contact	Volunteer information and opportunities
HEALTH & HEALTH CARE	St. Mary's Hospital	5801 Bremono Road 281-8049	Trish Fawcett	Emergency department, information desk, gift shop, surgical waiting area, patient discharge. Must be 15 or older
	Virginia Breast Cancer Foundation	5004 Monument Ave., Suite 102, 285-1200	Jaime Strohacker	Educational seminars and outreach programs, special events, administrative support
	VCU Health Systems	1250 E. Marshall St. 828-0922	Patricia Peltier	Deliver mail and flowers, work in gift shop, visit patients, literacy outreach
	VCU's Massey Cancer Center	401 College St. 828-8709	Polly Cole	Help with special events, work in library or wig salon, deliver snacks, drinks, magazines and movies to patients, sit on boards, committees
	CARITAS (Congregations Around Richmond Involved to Assure Shelter)	358-0964	Ron Stilwell	Organized groups to assist host congregations in providing meals and shelter, help with laundry services for overnight guests, monetary contributions
HOMELESS	Daily Planet	517 W. Grace St. 783-0505, ext. 241	Mary Anne Conmy	Office skills for clerical support greatly needed and appreciated, clothing drives, Web-site design and updates, blogging
	Freedom House www.FreedomHouseRichmond.org	1201 Hull St. 233-4064, ext. 209	Christy Ellis	Groups can help prepare and serve meals, help with drives for toiletries, linens. GED preparation, computer tutoring, workshops, one-on-one opportunities
	Children's Museum of Richmond	2626 W. Broad St. 474-7001	Alison James- Nassar	Assist with birthday parties, special events like Carniball and help with administrative needs, volunteers ages 14 and up
MUSEUM/THEATER	Firehouse Theater Project	1609 W. Broad St. 355-2001, ext. 5	Stephen Harris	Volunteer in front-of-house and technical areas; along with theater-beautification projects, usher, clean, help with services such as graphic design, photography, bartending and office support

MUSEUM/THEATER	Name	Address/phone	Contact	Volunteer information and opportunities
	Lewis Ginter Botanical Garden	1800 Lakeside Ave. 262-9887, ext. 335	Darlene Van Laan	Work in children's garden, greenhouse, horticulture, library and help with special events or operations, become a garden guide
	Museum of the Confederacy	1201 E. Clay St. 649-1861	Bryce VanStavern	Monitor and give tours at the White House of the Confederacy, work in the museum store or visitor services, serve as living-history interpreters. People with skills or special interests also welcome
	Richmond Ballet	407 E. Canal St. 344-0906, ext. 238	Caitlyn Powitz	Ushers, box office, customer service, office support in marketing and development. Work in the school, special events and with outreach programs.
	Richmond Symphony	300 W. Franklin St., 788-4717	Laura Murphy	Office support, help with mailings, ushering during performances
	Science Museum of Virginia www.smv.org	2500 W. Broad St. 864-1511	Beth Voelkel	Exhibition interpreters, museum store, exhibit maintenance and repairs, IMAX theater, office support
	Valentine Richmond History Center	1015 E. Clay St. 649-0711, ext. 317	Megan Compton	Cataloguing and data entry, docent, research, development, fundraising, public relations, gift shop
	Virginia Aviation Museum www.smv.org	5701 Huntsman Road 864-1511	Beth Voelkel	Docents, educational tours, museum store, greeters
	Virginia Museum of Fine Arts www.vmfa.museum	200 N. Boulevard 204-2661	Lee Schultz	Work in the library or at the information desk, help with educational outreach programs and special events. Opportunities for adults and students
	Virginia Opera www.vaopera.org	1503 Santa Rosa Road, Suite 234 644-8168, ext. 3392	Kelly Tsow	Office support, showtime volunteers, box office, party receptions

SENIORS	Name	Address/phone	Contact	Volunteer information and opportunities
	A Grace Place Adult Care Center	8030 Staples Mill Road 261-0205	Sheila Dalbey	Administrative support, fish-tank keeper, maintenance, gardening, help with activities, community assistant
	AARP Virginia	707 E. Main St., Suite 910 (866) 542-8164	Brian Jacks	Six chapters of this organization for persons over the age of 50 have special events and projects, such as reading to young students, working in community centers and helping with area charities
	Ashland Nursing and Rehabilitation Center	906 Thompson St., Ashland, 798-3291, ext. 258	Andrea Newton	Visit with senior citizens, adopt a grandparent, help with group activities and pet-therapy sessions. Group volunteer opportunities available
	Beth Sholom Lifecare Community	1600 John Rolfe Parkway 421-5347	Valerie Greer	Visits, letter writing, bingo, help with crafts and activities, assist with outings and special events.
	Circle Center Adult Day Services	3900 W. Broad St., Bldg. 20, 355-5717	Jessica Stone	One-time or ongoing opportunities to spend time with senior citizens. Go for walks, read and answer phones, provide garden care, share musical/performance talents
	ElderHomes	88 Carnation St. 233-2827	Wayne Swatlowski	Help poor and disabled senior citizens improve their homes by building ramps, installing support bars, and some minor maintenance and repairs
	Hanover Adult Center	7231 Stonewall Parkway, Mechanicsville, 746-0743	Marie Riley	Housekeeping, gardening, exercise activities, crafts and organized programs, office work, entertainment, and serving lunches and snacks; musical groups and hobbyists needed
	The Hermitage – a United Methodist Home	1600 Westwood Ave. 474-1800	Jill Barnes	Help with activities, outing escorts, special occasions, driving, creative workshops, manicurist, seamstress, or musician, visits with pets, etc.

SENIORS	Name	Address/phone	Contact	Volunteer information and opportunities
	JFS	6718 Patterson Ave. 282-5644, ext. 244	Sheryl Luebke	Visit with older adults, make reassuring telephone calls, provide office support and assist with special projects
	Meals on Wheels	1600 Willow Lawn Drive 673-5035	Jackie Farell	Special events, deliver meals 10:45 a.m. to 1 p.m. Monday through Friday
	Richmond Community Senior Center Inc./Days of Grace	1 Brenton St. 329-7272	Willie Dell	Share talents, assist with gardening, serve meals, lead games, visit and help write letters, light cleaning, teach computer skills, activities and games, mailings
	Senior Connections	24 E. Cary St. 343-3000, 343-3024	Shana Beverly	Help seniors organize finances, give advice about insurance, office support, community outreach, telephone reassurance, help seniors remain independent
	Shepherd's Center of Richmond	4900 Augusta Ave., suite 102 355-7282	Linda Frank	Transportation for seniors to medical appointments, groceries
	The Virginia Home	1101 Hampton St. 359-4093	Sherry Williams	Volunteers offer caring, support, assistance and friendship while granting friendly visits, computer tutoring, shopping and outing companionship, arts and crafts buddies, coffee company. Clerical support roles also available. Volunteers must be at least 14 years old.
	Big Brothers Big Sisters Services Inc.	5511 Staples Mill Road, Ste. 200 261-4940	Sandy Milliken	One-on-One mentoring through community-based or site-based programs (bigbrobigsis.com)

YOUTH	Name	Address/phone	Contact	Volunteer information and opportunities
	Bon Air Juvenile Correctional Center	1900 Chatsworth Ave. 323-2488	Jaime Lloyd	Serve as mentors, provide fellowship and religious instruction, tutor, donate money for equipment, scholarships and supplies, musical instruction (Jaime.lloyd@djj.virginia.gov)
	Boy Scouts of America – Heart of Virginia Council	4015 Fitzhugh Ave. 355-4306	Todd Martin	Scout leaders, fundraising, program planning, work on troop or district levels
	Boys & Girls Club of Metro Richmond	5511 Staples Mill Road, Suite 301 359-5250, ext. 3007	Anne Burgess	Homework, coach athletic teams, including basketball, soccer, and flag football. Thirteen locations in Richmond and the Tri-Cities
	Child Savers	200 N. 22 nd St. 644-9590, ext. 3007	Cynthia Bedell	Provides comprehensive mental-health and development services for children. Volunteers help with fundraising, events and administrative support
	Communities in Schools of Chesterfield	P.O. Box 10, Chesterfield 717-9305	Martha Frickert	Mentors for one hour a week at schools during the school year, tutoring at all grade levels and allowing students to job shadow
	Friends Association for Children	1004 St. John St. 644-2357	Marilyn Nicol	Pre-school child care, school-age mentoring/tutoring, relieve receptionists, opportunities to help youth in Richmond, more
	Girl Scouts, Commonwealth Council of Virginia	7300 Hanover Green Dr., Mechanicsville 746-0590, ext. 354	Stacey Dekos	Troop leaders, volunteer training, fundraising, program planning, development, council-level programs
	ROSMY (Richmond Organization for Sexual Minority Youth)	P.O. Box 5542 644-4800	Gregory Harman	Support groups, administrative, technology, events, board memberships, graphic design, photography and legal aid

	Name	Address/phone	Contact	Volunteer information and opportunities
YOUTH	Sacred Heart Center	1400 Perry St. 230-4399	Rosemary Jones	Serves children and families. Long-term mentoring, tutoring, Clean Up Day, classroom assistants, children and family programs, assistance with Christmas Angel program
	Oregon Hill Neighborhood Art Center	349 S. Laurel St. 648-2287	Katie Cowles	Teach arts and crafts, donate art supplies
	The Salvation Army Boys and Girls Club	3701 R. St. 222-3122	Hugh Jones	Homework assistance, teach/assist computer labs, arts and crafts, leadership clubs, athletics, weight room, hobbies, career information, team programs
	ACORN (Alliance to Conserve Old Richmond Neighborhoods)	1307 E. Cary St. 422-2148	David Herring	Identifies vacant, derelict and/or tax-delinquent buildings, promotes purchase and renovation. Special events, survey properties, and office help. Volunteer opportunities in website maintenance.
MISCELLANEOUS	Central Virginia Food Bank	1415 Rhoadmiller St. 521-3277	Sudeshna Dasmenezes	Unpack, sort donations, office support, meal preparation and delivery, food referral special events – 16 yrs or older
	Commonwealth Catholic Charities	1512 Willow Lawn Drive, Second Floor 285-5900	Stuart Smith	Mentors and tutors for refugee foster children; volunteers for emergency food pantry, HELP Financial Assistance Program and administrative office work
	The Junior League of Richmond	205 W. Franklin St., 643-4886, ext. 14	Jane Helfrich	Wide variety of opportunities for members. Call for more information.

MISCELLANEOUS	Name	Address/phone	Contact	Volunteer information and opportunities
	MADD (Mothers Against drunk Driving)	5310 Markel Road, Ste. 101, 353-7121	Abby Arnalbert	Public speaking, setting up displays, office support, special events, publicity
	Pathways	1200 W. Washington St., Petersburg 862-1104	Mike Watts	Faith-based community-development corporation needs individual and groups volunteers for tutoring, construction, mentoring, specialty healthcare, art instruction, office tasks and IT support.
	The Read Center	1605 Monument Ave. 353-1587	Lanny Buettner	Tutors for adult literacy, teach computer skills, community relations and special events, support staff
	Richmond Jaycees	www.RichmondJaycees.org	George Kite	Young professional organization with membership open to ages 21 to 40. Volunteer projects include delivering firewood to the less fortunate, selling Christmas trees and assisting with the annual Christmas parade
	The Salvation Army	2 W. Grace St. 225-7470	Kathy Jones	Office, bell ringers, Angel Tree, distribution center, drivers, disaster relief, maintenance, emergency shelter, events and Boys and Girls Club
	Ten Thousand Villages	3201 W. Cary St. 358-5170	Daniela Gregory	Support artisans in developing countries by serving as sales staff, unpack merchandise, recycling programs and serving on committees. Eight hours per month minimum
	United Way	2001 Maywill St. 275-2000 or 211	Tina Bessent	Opportunities for individuals, families, church groups or corporate groups to volunteer for hundreds of agencies throughout Richmond and Petersburg regions

	Name	Address/phone	Contact	Volunteer information and opportunities
	Virginia Department of Correctional Education	101 N. 14 th St. 786-3379	Win Sisson	Tutors to work with incarcerated youth and adults. Criminal background check required.
	Weinstein JCC (Jewish Community Center)	5403 Monument Ave. 285-6500	Rebecca Kalman-Winston	Preschool classroom assistant; after-school and summer camp assistant counselors; board committee members; administrative help; and special events assistance

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